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Food preference of the sea urchin *Tripneustes gratilla* (Linnaeus, 1758) in tropical seagrass habitats at Dar es Salaam, Tanzania

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The sea urchin *Tripneustes gratilla* is the most well-known seagrass grazer in the Western Indian Ocean and a few cases of overgrazing have been reported. However, few studies on their feeding preference have been performed in this region. In this study, the food items in the gut contents of *T. gratilla* collected from seagrass beds and in a bare sediment in intertidal areas of Dar es Salaam, Tanzania, were analysed and compared to their availability in the surrounding environment. A total of 59 micro and macro-algae species were identified from the environment and the guts of *T. gratilla*, of which 48 were found in both gut contents and the environment. Gut contents of *T. gratilla* collected from mono specific seagrass habitats were dominated by the species in which they were found. In a mixture of four different seagrass species, *Syringodium isoetifolium* was preferred (with electivity indices (E^{*}) of +0.36) while *Cymodocea rotundata*, *Halodule uninervis* and *Thalassia hemprichii* were slightly avoided (E^{*} = -0.24, -0.22 and -0.22, respectively). We concluded that *T. gratilla* generally feeds on available seagrass species. However, in the presence of different types of seagrasses it showed preference to *S. isoetifolium* possibly due to presence of high epiphyte load which may increase its palatability.

Key words: Tripneustes gratilla, seagrass, macroalga, microalgae, food preference, herbivory, Dar es Salaam.

INTRODUCTION

Tripneustes gratilla are known to occur in a wide range of tropical habitats including coral reefs, seagrass meadows, macroalgae meadows and in bare sediment. In these habitats, they are normally found to feed on a variety of seagrasses and algae that are found in their surrounding environment (Klumpp et al., 1993; Beddingfield and McClintock, 1999; Lawrence and Agatsuma, 2001). However, other studies reported some food preference or selectivity in sea urchin feeding habits (de Loma et al., 2002; Vaïtilingon et al., 2003; Stimson et al., 2007). Thus, sea urchin feeding habit may depend on

a combination of two factors, that is, food availability and preference. Food selectivity may be due to nutritional value of the food type and/or the presence of chemical substances which repel the sea urchins (Beddingfield and McClintock, 1998).

Seagrass meadows have characteristics that make them suitable habitats for many organisms such as fishes, crustaceans and echinoderms (Coen et al., 1981). This includes their high primary productivity which ensures abundant supply of energy. The three dimensional structure of the vegetation offers hiding places that protect the fauna community against predation. In addition, seagrasses meadows are important due to the fact that they harbour a high biomass of epiphytic algae (Hamisi et al., 2004). Consequently, seagrass ecosystems

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have higher diversity and a larger number of individuals of different species compared to ecosystems without seagrasses (Fortes, 1988).

In seagrass ecosystems, sea urchins have been found to feed on seagrasses, detrital material, as well as epiphytic and epibenthic micro and macroalgae (Klumpp et al., 1993; de Loma et al., 2002). In some cases, sea urchin herbivory on seagrasses has been demonstrated to contribute to the loss of seagrass biomass, shoot density and reduction of growth, which may be a threat especially in tropical areas (Hughes et al., 2004). High densities of sea urchin may result in the overgrazing of seagrasses and complete depletion of seagrass vegetation. This has been reported for example in Florida, USA (Rose et al., 1999), the Gulf of Mexico and the Caribbean (Greenway, 1995; Heck and Valentine, 1995), Kenya (Alcoverro and Mariani, 2002) and Jamaica (Camp et al., 1973). Consequences of overgrazing include loss of habitat, reduction of productivity, erosion of fine-grained sediments, creation of a turbid sediment plume and reduced biodiversity of molluscs (Rose et al., 1999).

The sea urchin T. gratilla (Linnaeus, 1758) is the most well-known seagrass grazer in the Western Indian Ocean (Richmond, 2002; Eklof et al., 2008 and the references therein). It plays an important ecological role in various habitats by direct or indirect recycling of nutrients (Lawrence and Agatsuma, 2001). A few cases of overgrazing in Western Indian Ocean seagrass ecosystems have been reported in Kenya (Alcoverro and Marriani, 2002; Crona, 2006). However, few studies on T. gratilla feeding habits and behaviours have been performed along the Western Indian Ocean (Maharavo et al., 1994; de Loma et al., 1999; 2002) revealing dietary composition and feeding preferences on various habitats. In Tanzanian coastal waters, Mamboya et al. (2009) suggested that, sea urchins might be the cause of seagrass reductions off the coast of Dar es Salaam but there is no information on the sea urchin feeding habits in seagrass ecosystems. Understanding these food preference by sea-urchins is essential for the prediction of the impact of herbivory on seagrasses and for sustainable management of the seagrass ecosystems (Eklof et al., 2008). The aim of this study was therefore to investigate food selectivity and factors which contribute to food preference of T. gratilla among different seagrass species. The question was whether the preferred seagrass species harbor more epiphytic algae. The consequences will be that the preferred seagrass species may be more vulnerable to potential sea urchin outbreaks.

MATERIALS AND METHODS

Study sites

The study was conducted in the intertidal area at Mbweni (06°34'23.7"S and 39°08'09.3"E) in the coast of Dar es Salaam,

Tanzania. The climatic condition of Dar es Salaam is tropical and the tidal regime of the coastal water is of a mixed semi-diurnal periodicity with a tidal range of about 4 m during spring tides. The physical and biological details of the studied site have been described previously (Mamboya et al., 2009).

Sampling was done during spring low tides (for easy access to the sites) in August and December 2008 as well as in January, March and October 2009 in seven sampling stations. Six were seagrass community types that contained *T. gratilla* and one was a bare sediment area. The seagrass community were two mono specific habitats composed of: (A) *Syringodium isoetifolium* (Ascherson) Dandy, 1939 and (B) *Thalassia hemprichii* (Ehrenberg) Ascherson, 1871; and four heterospecific habitats composed: (C) *S. isoetifolium* and *T. hemprichii*, (D) *Cymodocea rotundata* Ehrenberg and Hemprich ex Ascherson, 1870 and *S. isoetifolium*, (E) *Halodule uninervis* (Forsskål) Ascherson, 1882 and *S. isoetifolium*, and (F) all the four species. The seventh sampling station (G) was in bare sediment areas (that is, without seagrass).

Sampling was carried randomly by throwing a 0.5×0.5 m quadrat at the pre-identified sampling stations. A total of five quadrat replicates were sampled for each habitat (that is, one quadrat per habitat on every sampling visit). In each quadrat, analysis of seagrass parameters (species composition, cover and density), algal composition and biomass were done as described further. In addition, specimens for laboratory analysis were taken from these quadrats. Sea urchin (*T. Gratilla*) abundance was also determined for each sampling point as described by McClanahan and Shafir (1990). Thus, at each point, counting of *T. Gratilla* were done in a 10 m² round quadrats.

Seagrass and algal composition analysis

Seagrass parameters (species name, percentage cover, canopy height and shoot density) were determined as described previously by Duarte and Kirkman (2001). Macroalgal compositions in the quadrats were recorded in situ. Five to ten shoots for each seagrass species encountered in the guadrat were collected for analysis of epiphytic microalgae. In the laboratory, the seagrass shoot samples were scraped (using a blunt blade) over GF/F filter papers to remove attached epiphytes. Both epiphytes and seagrasses were dried in an oven at ~60 ℃ to a constant weight. The epiphyte abundance was then reported as gram dry weight of epiphyte per gram dry weight of the seagrass. In addition, about 10 g of surface sediments samples were collected from each guadrat using a syringe corer (30 mm diameter) and kept in 50 ml Falcon tubes. In the laboratory, the sediment and epiphyte subsamples were analysed under a light microscope to identify epibenthic and epiphytic microalgae composition, respectively.

T. gratilla gut content

One specimen of *T. gratilla* was collected from each quadrat and placed in a plastic bag for laboratory analysis. When the quadrat fell in an area without any *T. gratilla*, it was re-thrown. In the laboratory, the specimen were dissected and analysed for food composition visually and with the help of a light microscope. The seagrasses from the guts were separated into species while other materials were separated into detritus, macroalgae and sediment. These were then weighed to obtain their respective wet weights in order to calculate their percentage composition. Epiphytic and epibenthic microalgae from the field samples and the gut content were analysed using light microscope and identified according to Desikachary (1959), Komárek and Anagnostidis (1998, 2005) and Silva and Pienaar (2000).

Sea urchin preference on seagrass species

To compare the sea urchin preference on various seagrass species, relativised electivity indices (E^*) (Vanderploeg and Scavis, 1979) were calculated from the mean percent seagrass biomass in the gut and mean percentage seagrass abundance in the field as follows:

 $E^* = (Wi - (1/n)) / (Wi + (1/n))$

Where: $W = (ri/pi)/(\sum ri/pi)$; ri = % proportion of the food *i* in the diet of the animal; pi = % proportion of food *i* in the environment; n = number of kinds of food items (seagrass species).

When the value of E^* tends towards +1, it indicates that seagrass species are more abundant in the diet (preferred), while values tending towards -1 indicates that seagrass species are more abundant in the field but not in the diet (avoided). When E^* equals 0, it indicates that the food is consumed in proportion to its availability in the field.

Statistical analysis

Data were statistically tested using a parametric two-way analysis of variance with its post hoc, Tukey-Kramer Multiple Comparison test. Where the assumptions for parametric tests were not met, data were analysed using the respective non-parametric Kruskal-Wallis (KW) test followed by the Dunn's Multiple Comparison Test. In all cases, significance was determined at the 95% confidence level. A GraphPad InStat 3 Demo programme was used for the statistical data analyses.

RESULTS

Seagrass parameters and sea urchin density

The seagrass shoot density, percentage cover, and canopy height in the sampling stations, are as shown in Table 1. The shoot density was lowest $(931 \pm 397 \text{ shoots/m}^2)$ in habitat composed of *T. hemprichii* only, and highest $(3353 \pm 1048 \text{ shoots/m}^2)$ in habitats with *S. isoetifolium* only. There was a significant difference in shoot density among habitats (F = 6.792, P = 0.0002) with Tukey-Kramer Multiple Comparison Test showing the significant differences to be between habitat comprising *S. isoetifolium* only and habitat with *T. hemprichii* only (P = 0.001), habitat with *T. hemprichii* only and habitats with mixture of either *S, isoetifolium* and *T. hemprichii* or *H. uninervis* and *S. isoetifolium* (P = 0.01).

Seagrass percentage cover was the lowest (35.8 \pm 7.36%) in habitats with a mixture of all four seagrass species and highest (76.6 \pm 14.8%) in the station comprising *S. isoetifolium* only. There was a significant difference in seagrass percentage cover among the seagrass habitats (F = 13.64, P < 0.0001) with Tukey-Kramer Multiple Comparison Test showing significantly lower percentage cover in habitat with all four seagrass species compared to the rest of the habitats (P = 0.001). Canopy height was lowest (9.56 \pm 2.25 cm) in the mixture of all four species and highest (19.5 \pm 3.56 cm) in

habitats comprising *T. hemprichii* only. The canopy height was also significantly different among habitats (KW = 22.36, P = 0.0004) with Dunn's Multiple Comparison Test showing the differences to occur between habitat with either *T. hemprichii* only or with *C. rotundata* and *S. isoetifolium* against the habitats with all four seagrass species (P = 0.01).

The density of *T. gratilla* ranged from an average value of 0.18 \pm 0.16 individuals/m² in habitats without seagrasses (bare sediment) to 0.54 \pm 0.21 individuals/m² in *S. isoetifolium* habitats (Table 1). However, there were no significant differences among the habitats (KW = 10.76; P = 0.096). When compared to seagrass parameters, there was a significant positive correlation between the shoot density and *T. gratilla* abundance in the study area (r = 0.791; P = 0.034). However, there was no significant correlation between *T. gratilla* abundance and seagrass canopy height (r = 0.278; P = 0.546) or seagrass percentage cover (r = 0.357; P = 0.444).

Algal composition in the environment and the gut content of *T. gratilla*

A total of 59 algal taxa (Table 2) were identified from the environment (on sediment and as epiphytes on seagrasses) and in the guts of T. gratilla. Of these, 48 species were found from both gut contents of T. gratilla and in the environment, while 11 species were found only in the environment (Table 2). In general, the gut contents of T. gratilla from bare sediment had more algal taxa compared to those found in seagrass meadows. This was followed by *T. gratilla* collected from seagrass meadows with mixed species of T. hemprichii, C. rotundata, S. isoetifolium and H. uninervis while the lowest was observed in monospecific meadow of S. isoetifolium (Table 2). There was significant difference in composition of algae in guts of T. gratilla from different seagrass habitats (KW 17.76; P = 0.0069) with post hoc results showing the significance difference (P < 0.01) to be mainly between habitats comprising S. isoetifolium only and in the bare sediment. S. isoetifolium was found to have significantly higher (P = 0.0086) epiphytes dry weight biomass (Figure 1). Significant differences in epiphyte dry weight biomass were found between S. isoetifolium and T. hemprichii (P < 0.01), and between S. isoetifolium and C. rotundata as well as between S. isoetifolium and H. uninervis (P < 0.05).

T. gratilla gut content and preference to seagrass species

The gut content of *T. gratilla* specimens collected from the two different monospecific habitats were dominated by the respective seagrass species from where they were found (Figure 2A, and B). In the mixed meadows with two

Habitats/sg communities	•	Р	0	D	F	-	6
Seagrass composition (%)	A	В	C	D	E	F	G
C. rotundata	0.00	0.00	0.00	19.6±17.8	0.00	11.7±14.2	0.00
H. Uninervis	0.00	0.00	0.00	0.00	30.1±33.6	14.8±25.0	0.00
S. isoetifolium	100	0.00	89.2±92.8	80.4±82.2	69.9±66.4	66.7±51.6	0.00
T. hemprichii	0.00	100	10.8±7.16	0.00	0.00	6.82±9.24	0.00
Shoot density (m ²)	3353±1048	931.2±397.4	3281±1683	1930±438.0	2972±519.5	1846±654.4	0.00
Percentage cover (%)	76.6±14.8	75.0±6.32	68.0±12.9	74.0±8.76	70.8±8.76	35.8±7.35	0.00
Canopy height (cm)	16.4±5.86	19.5±3.56	13.0±0.63	19.0±2.37	15.3±2.16	9.56±2.25	0.00
<i>T. gratilla</i> (ind./m ²)	0.54±0.21	0.29±0.10	0.50±0.23	0.24±0.18	0.30±0.32	0.40±0.16	0.18±0.16
Electivity index (E^*)							
C. rotundata	-	-	-	-0.15	-	-0.24	-
H. uninervis	-	-	-	-	-0.12	-0.22	-
S. isoetifolium	0.00	-	0.28	0.11	0.10	0.36	-
T. hemprichii	-	0.00	-0.63	-	-	-0.22	-

Table 1. Description of various habitats in terms of seagrass and sea urchin parameters.

A = S. isoetifolium; B = T. hemprichii; C = S. isoetifolium and T. hemprichii; D = C. rotundata and S. isoetifolium; E = H. uninervis and S. isoetifolium; F = all the four species; G = bare areas.

different seagrass species dominated by *S. isoetifolium* (Table 2), the gut contents were dominated by *S. isoetifolium* (Figure 2C, D and E). In the seagrass habitat with a mixture of *C. rotundata, H. uninervis, S. isoetifolium* and *T. hemprichii,* (Figure 2F), *T. gratilla* gut contents were dominated by *S. isoetifolium* (38.2%) followed by *T. hemprichii,* sediment and *H. uninervis, C. rotundata* and macroalgae. In bare sediments (Figure 2G), gut content comprised mostly of sediment material, followed by macroalgae, detritus material, *T. hemprichii* and *H. uninervis.*

In general, *T. gratilla* showed some degree of food preference (selectivity) for various seagrass species when found in communities with a mixture of different seagrass species. Thus, different seagrass species were either moderately selected or avoided. For example, in habitats with *C. rotundata* and *S. isoetifolium* or *H. uninervis* and

S. isoetifolium, S. isoetifolium was moderately selected in both cases (Table 1). However, in habitats with *S. isoetifolium* and *T. hemprichii, T. hemprichii* was found to be highly avoided ($E^* = -0.63$). In a mixture of four seagrass species, *S. isoetifolium* was more preferred ($E^* = +0.36$) while other species, that is,., *C. rotundata, H. uninervis* and *T. hemprichii* were slightly avoided ($E^* = -0.24$; $E^* = -0.22$ and $E^* = -0.22$, respectively) (Table 1).

DISCUSSION

Seagrass shoot density, canopy height and percentage cover obtained in this study were within the range of earlier investigation reported from the Western Indian Ocean Region and other tropical areas (Agawin et al., 2001; Rollon et al., 2001; de la Torre-Castro and Rönnbäck, 2004; Uku and Björk, 2005; Lyimo et al., 2006; Mamboya et al., 2009). The variations in the seagrass parameters were influenced by the species composition of a habitat. For example, habitats dominated by *S. isoetifolium* species had higher shoot density and percentage cover compared to areas with *T. hemprichii* only or with all four seagrass species. However higher canopy height was recorded in habitat with *T. hemprichii* and *C. rotundata* as compared to habitats dominated by other species. The high seagrass density, canopy height and percentage cover possibly increases surface area for epiphytes to attach thereby increasing food availability to sea urchins.

The abundance of *T. gratilla* was generally low and comparable to previous studies in the area (Mamboya et al., 2009). The significant positive correlation between seagrass shoots density and *T. gratilla* abundance indicates the importance

Algal species	Α	В	С	D	Е	F	G
Bacillariophyta							
Capartogramma spp.	X +	х	х	X +	Х	х	X +
<i>Climacosphenia</i> sp.	X +	X +	х	х	Х	х	X +
<i>Cymbella</i> spp.	х		х	х		х	х
<i>Cocconeis</i> sp.		X +	х			X +	х
Fragilari sp.	X +		х	X +			X +
Fragilariopsis sp.	х		х	х		X +	X +
<i>Gyrosigma</i> sp.	X +		X +	X +	Х	X +	X +
Licmophora sp.	X +	X +	X +	х	Х		X +
Mastogloia sp.	X +		х	X +	Х		X +
Navicula spp.	х		х	X +	Х		X +
Nitzschia spp.	х	X +	X +	X +	Х	X +	Х
Pleurosigma spp.	х	X +	X +	X +	X +	X +	х
Rhizosolenia sp.	х		х	х	X +		х
<i>Rhopalodia</i> sp.	X +		х	х	X +		
Pseudo-nitzschia sp.					Х		
Thalassionnema sp.	х	X +	X +	х			X +
Thalassiothrix sp.							х
Chlorophyta							
Chaetomorpha sp.						X +	х
Cladophoropsis sp.				X +		X +	х
Cladophora sp.		X +					х
<i>Microsopora</i> sp.							х
Palmodictyon sp.						X +	
Chlorodesmis sp.							X +
Protoderma sp.		X +					
Cyanobacteria							
<i>Anabaena</i> sp.	х	X +	х	х	Х	Х	х
<i>Calothrix</i> sp.	х	х	Х	X +	Х	Х	Х
Chroococcus sp.			X +	Х	X +	Х	X +
<i>Lyngbya</i> spp.		х	X +	X +	X +	X +	X +
Lyngbya majuscule		х	х	X +	X +	X +	X +
<i>Leptolyngbya</i> sp.				X +	X +	X +	X +
<i>Microcoleus</i> sp.						X +	X +
<i>Oscillatoria</i> spp.	X +	X +	X +	X +		X +	X +
<i>Phormidium</i> sp.	х		х	X +	Х		X +
<i>Pseudanabaena</i> sp.							X +
<i>Schizothrix</i> sp.		X +	X +	X +	X +	X +	X +
<i>Spirulina</i> sp.					X +		Х
Trichodesmium sp.						X +	
Dinophyceae							
<i>Dinophysis</i> sp.						X +	
Amphisolenia sp.						х	
<i>Diplopsalis</i> sp.						X +	X +
Heteraulacus sp.							X +
Protoperidinium sp.		X +	X +	X +	X +		

Table 2. Macro and Micro algae composition in the gut contents of sea urchin (+) and in the environment (x) from various seagrass habitats.

Phaeophyta

Table	2.	Contd.
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Padina sp.							Х
<i>Dictyota</i> sp.							х
Rhodophyta							
<i>Ceramium</i> sp.		X +	X +	X +	X +	X +	X +
<i>Feldmannia</i> sp.	X +						Х
<i>Jania</i> sp.		Х					X +
<i>Herposphonia</i> sp.						X +	
<i>Liogora</i> sp.				х			
<i>Amphiroa</i> sp.							х
Aglaothamnion sp.		X +					
<i>Crouania</i> sp.		х					
<i>Dasya</i> sp.		х					
<i>Heterosiphonia</i> sp.		X +					
<i>Polysiphonia</i> sp.						X +	
<i>Asparagopsis</i> sp.				X +		X +	
Phacelocarpus sp.				X +			
<i>Murrayella</i> sp.				X +			
<i>Hincksia</i> sp.					X +		
Number of species (x/+)	19/9	22/15	25/11	30/20	23/12	28/21	40/23

A = S. isoetifolium only; B = T. hemprichii only; C = S. isoetifolium and T. hemprichii; D = C. rotundata and S. isoetifolium; E = H. uninervis and S. isoetifolium; F = all the four species; G = bare areas.



Seagrass species

Figure 1. Epiphyte dry weight composition of the four studied seagrass species.



Figure 2. Percentage gut content composition of *T. gratilla* collected from various habitats in Dar es Salaam.

of the seagrass as food to the sea urchins and that the observed *T. gratilla* biomass posed no threat to the seagrass. However, Mamboya et al. 2009 showed no significant correlation between shoot density and *T. gratilla* abundance though the authors observed significant negative correlation between seagrass above ground biomass, shoot density, canopy height, and percentage cover with total sea urchin abundance in the area. They suggested that the grazing impact on seagrass was due to the total sea urchin densities rather than one sea urchin species which corroborate to the current results.

Our results show that T. gratilla could eat every seagrass species available in its vicinity. This observation has previously been demonstrated in laboratory experiments (Beddingfield and McClintock, 1999: Stimson et al., 2007). However, in the mixture of four species of seagrasses in the study site, S. isoetifolium was the most dominant species encountered in the guts of T. gratilla accounting up to 87% of the biomass of the gut content. This may be due to its abundance in the environment as compared to other species which in the mixed meadows averaged 66.7%. Indeed, the calculated electivity index showed that in mixed seagrass meadows, C. rotundata, H. uninervis, and T. hemprichii were avoided while S. isoetifolium was preferred. Similarly, Vaïtilingon et al. (2003) reported selectivity by T. gratilla favouring S. isoetifolium in coastal habitats off Toliara, Madagascar. The morphology and the anatomical features of S. isoetifolium could be another factor which contributes for its selectivity by T. gratilla (Lowe, 1974; Kuo and McComb, 1989; Stimson et al., 2007). The leaf blades of *S. isoetifolium* are long terete, relatively smooth and soft with loosely arranged cells in which food materials and metabolites are stored, while most of other species, for example, C. rotundata and T. hemprichii, they are flat, tough and ribbon shaped (Kuo and McComb, 1989). Lowe (1974) suggested that T. gratilla prefers terete leaves than flattened leaves found in other seagrass species.

The selectivity by T. gratilla on S. isoetifolium over other species may also be due to its observed higher epiphyte loads on this seagrass species (Figure 1). Previous studies have indicated that sea urchin densities are generally higher in areas with concentrated organic enrichment (Ruiz et al., 2001) possibly because of the presence of higher epiphytic algae (Yamamuro, 1999; Tomas et al., 2006). However, other studies also show that some macro-algae may produce toxic compounds which deter grazing by sea urchins (Hay, 1996; Cronin et al., 1997). This might not however, be the case for the Rhodophyta of the genus Feldmannia which was found in this study to be the most common algae attached to S. isoetifolium. Our results show presence of large number of algal species in the gut contents and in the seagrass shoots (as epiphytes) suggesting that epiphytic algae are important additional nutrition source to T. gratilla. Thus,

T. gratilla gets its nutrition from both seagrasses and associated epiphytes. Indeed, epiphytic algae have been reported from other areas to be more palatable than vascular plant tissues to herbivores (Klumpp et al., 1993 and the references therein). The higher algal diversity and biomass observed in the gut content of *T. gratilla* collected from bare sediments compared to other stations suggest that the sea urchins on bare sediment depend primarily on the nutrition gathered from the algae. These include microalgae that may be abundant and sometimes form visible bio-films or microbial mats on sediment surfaces in coastal waters of Tanzania (Lugomela et al., 2005).

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