

Full Length Research Paper

Antiproliferative activity of extracts of some Bolivian medicinal plants

Gloria C. Rodrigo^{1,2,3}, Giovanna R. Almanza⁴, Bjorn Akesson^{2*} and Rui-Dong Duan³

¹Molecular Biology and Biotechnology Institute, University Major of San Andrés, La Paz, Bolivia.

²Biomedical Nutrition, Pure and Applied Biochemistry, Lund University, Lund, Sweden.

³Department of Clinical Sciences, Gastroenterology Laboratory, Lund University, Lund, Sweden.

⁴Chemical Research Institute, University Major of San Andres, La Paz, Bolivia.

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Twenty-six plant species from the native flora used in Bolivian folk medicine were selected for studies of bioactivity. They belonged to the following families namely: Asteraceae (11), Brassicaceae (1), Cactaceae (1), Caesalpinaceae (2), Chenopodiaceae (1), Frankeniaceae (1), Geraniaceae (1), Laureaceae (1), Oxalidaceae (1), Piperaceae (1), Plantaginaceae (1), Rosaceae (1), Solanaceae (1) and Verbenaceae (2). Their effects on the proliferation of colon cancer cells (Caco-2) were studied using the WST-1 reagent. The results indicated that four out of 26 ethanolic extracts had a significant antiproliferative activity in this assay from (*Schkuhria pinnata*, *Piper longestylosum*, *Parastrephia lepidophylla* and *Erodium cicutarium*). The bioactivity of the extracts was correlated with the phytochemical characterization. Further studies of the mechanism of action of the bioactive extracts are needed.

Key words: Bolivian plants, cell proliferation, colon cancer.

INTRODUCTION

Many biologically active herbal ingredients are employed in the pharmacological industry (Gurib-Fakim, 2006) e.g. those used in clinical trials for anticancer activity (Phillipson, 2007). In addition, there is also a continued search for new natural anticancer, chemopreventive and antimutagenic agents including those occurring in foods and medicinal plants (Zessner et al., 2008). In Bolivia, the flora has been estimated to comprise approximate 20,000 plant species (Larrea-Alcazar and Lopez, 2005) and among them approximate 3,000 plant species have a recognized use as medicinal plants but only little of this potential medicinal plant wealth has been scientifically studied. Studies of their chemical composition have been done e.g. in *Erythroxylum coca* var. *coca* (Sauvain et al., 1997), in *Minthostachys andina* and *Hedomea mandonianum* (Fournet et al., 1996), and in *Doliocarpus dentatus* (Sauvain et al., 1996).

Some studies of the bioactivity of Bolivian plants have also been performed, for example regarding antimalarial activity (Deharo et al., 2001), anti-chagasic activity (Fournet et al., 1996; Del Olmo et al., 2001), anti-inflammatory activity (Deharo et al., 2004), gastric cytoprotection (Gonzales et al., 2000), anti-viral activity (Gupta, 1995; Abad et al., 1999), and inhibition of tyrosinase activity (Kubo et al., 1995). Moreover, the radical scavenging and antioxidant activity of some plants (Parejo et al., 2003) have been studied, but to our knowledge none of their antiproliferative activity. Our research group is mainly interested in the properties of Bolivian plants growing in the highlands (over 3,000 meters above sea level) but also others that primarily are used to treat various diseases.

The most dominant plant biodiversity present in the Bolivian highlands includes bushes, cushions and the most prominent family of the herbaceous species, the Asteraceae with its most dominant genera, the *Parastrephia* and *Baccharis* genus (Cabrera et al., 1973; Rocha, 2002). Several studies have also demonstrated that it is important considering the aspects of

*Corresponding author. E-mail: bjorn.akesson@tbiokem.lth.se.
Tel: +46 46 2224523. Fax: +46 46 2224611.

ethnobotany and ethnomedicine during the selection of plants for chemical and biological studies.

Thus, in this paper we investigated the antiproliferative activity of extracts from 26 plants which are common in the Bolivian highlands and/or are frequently used in traditional Bolivian medicine.

MATERIALS AND METHODS

Plant materials

Plant species were collected in different Andean regions of Bolivia, mainly in the Lake Poopo basin and in the surroundings of La Paz city. All species were identified by the staff of the Herbario Nacional of Bolivia, La Paz, where specimens of each plant were deposited.

Cells and chemicals

Caco-2 human colon cancer cells were obtained from the European branch of American Tissue Culture Collection. Dulbecco's Modified Eagle's Medium (DMEM) and fetal calf serum (FCS) were purchased from Gibco (Stockholm), and the 4-[3-(4-iodophenyl)-2-(4-nitrophenyl)-2H-5-tetrazolio]-1,3-benzene disulfonate reagent (WST-1) was purchased from Roche (Stockholm).

Preparation of plant extracts

The dried and ground plant material (100 g per sample) was first defatted by extraction with petroleum ether (40 - 60°C), 2 ml/g at room temperature with shaking for 72 h. The remaining plant material was extracted by maceration with ethanol (96% v/v, 2 ml/g) at room temperature for 72 h. The obtained ethanolic extracts were evaporated under vacuum and the residues submitted both to phytochemical characterization and experiments on their effects on cell proliferation. In other experiments some of the plant materials were extracted with either of dichloromethane, methanol, diethyl ether or water.

Phytochemical characterization

Sterols and triterpenes were identified by the Liebermann-Burchard reaction (Kenny, 1952). Tannins were qualitatively determined by examining the redox reaction between the ethanolic extracts (diluted 10 times) and a solution of ferric chloride (300 µM). Flavonoids were identified by Shinoda's reaction (Kumar et al., 2005), alkaloids by the Dragendorf reagent and saponins by shaking (2 min) the ethanolic extract (diluted 10 times) and observing the formation of stable foam (Flores et al., 2004).

Cell culture

Caco-2 cells were cultured in DMEM with L-glutamine, containing 100 IU/ml penicillin, 10 µg/ml streptomycin and 10% (v/v) heat-inactivated FCS. Cells were maintained in 25 cm² culture flasks at 37°C in a humidified incubator containing 95% air and 5% CO₂. For assays of cell proliferation the cells were detached with 0.05% trypsin / 0.02% EDTA, resuspended to a concentration of 1 x 10⁵/ml and seeded into 96-well plates (Falcon) for 24 h. After 24 h, the plant extracts dissolved in dimethylsulfoxide (DMSO) (1% final concentration) were mixed with 200 µl medium and added to each well, followed by incubation for 24 h. Controls were treated with the

same amount of DMSO. Ursolic acid (40 µM) was used as a positive control (Andersson et al., 2003).

Cell proliferation assay

The cell proliferation rate was assayed by use of WST-1 which is a tetrazolium salt, metabolized to a red formazan. The formation of formazan is proportional to the mitochondrial dehydrogenase activity, which in turn correlates with the number of the viable cells. After the incubation of the cells with plant extracts, 20 µl of WST-1 reagent was added to each well. The plate was incubated for 1 h at 37°C and the absorbance was read at 405 nm using 655 nm as background. The cell proliferation rate was expressed as a percentage of the negative control.

Statistical analysis

The results are presented as mean (SD) obtained from 3 - 6 determinations in at least two separate experiments. The statistical significance was determined by the Student t test and $p < 0.05$ was considered to be statistically significant.

RESULTS

The phytochemical characteristics of ethanol extracts are shown in Table 1. Sterols and triterpenes were observed in 19 extracts, tannins in 8 extracts, flavonoids in 17 extracts, alkaloids in 1 extract and saponins in 9 extracts. The results of the effects of extracts on cell proliferation are presented in Table 2. Extracts from four out of 26 plant species inhibited the proliferation of Caco-2 cells (Figure 1). The most active one was an ethanolic extract from *Schkuhria pinnata* showing 53% inhibition of growth at 100 µg/ml, followed by *Piper longestylosum* with 43% inhibition at 200 µg/ml, *Parastrephia lepidophylla* with 19% inhibition at 200 µg/ml and *Erodium cicutarium* with 10% inhibition at 100 µg/ml. No significant effects could be observed for the rest of the ethanol extracts (Table 2). In each experiment ursolic acid (40 µM) was included as a positive control. The inhibition of cell proliferation by ursolic acid was 34.4% (14.7, mean (SD)). For some plants also extractions with other solvents were made (Table 3), but no significant antiproliferative activity was observed in these extracts.

DISCUSSION

Cytotoxicity screening models provide important initial data to help to select plant extracts with potential antineoplasia properties (Balunas et al., 2006). For the plants used in this study no data about their antiproliferative activity have been found in the literature. We found that the ethanolic extracts of *S. pinnata*, *P. longestylosum*, *P. lepidophylla* and *E. cicutarium* showed inhibitory activity against cell proliferation. Most of the plants studied contained sterols/triterpenes and flavonoids, and some of them also tannins and saponins. Phenolic compounds have previously been found to have

Table 1. Phytochemical characterization of ethanol extracts from Bolivian medicinal plants. For the plants indicated in bold type antiproliferative activity was observed in Table 2.

Family (numbered) and species (in italics)	PP	Sterols Triterpens	Tannins	Flavonoids	Alkaloids	Saponins
Asteraceae						
<i>Baccharis latifolia</i>	L	++	-	+++	-	+
<i>Baccharis papillosa</i>	L	++	-	++	-	+
<i>Mutisia acuminata</i>	F	+	-	+/-	-	-
<i>Mutisia orbigniana</i>	L	+/-	-	+/-	-	-
<i>P. lepidophylla</i>	L	+	+	++	-	-
<i>Pluchea fastigiata</i>	L	++	-	+	-	-
<i>S. pinnata</i> (Lam.) Labr. Var. <i>Abrot-anoides</i> (roth) Cabrera	L	+	-	+	-	-
<i>Xanthium spinosum</i> L. Sin. <i>Acanthoxanthium spinosum</i> (L). Fourreau	L	++	-	+	-	-
Brassicaceae						
<i>Lepidium meyenii</i>	R	+	++	+	-	+
Caesalpinaceae						
<i>Caesalpinea spinosa</i> (Mol.) Kuntze	L	++	++	+++	-	+
<i>Caesalpinea pluviosa</i>	B	++	++	+++	-	+
Frankeniaceae						
<i>Frankenia trianda</i>	W	++	++	+++	-	+
Geraniaceae						
<i>E. cicutarium</i> L'Herit	L	+/-	++	++	-	-
Lauraceae						
<i>Persea americana</i>	Fr	-	-	-	-	-
Oxalidaceae						
<i>Hypseocharis pimpinellifolia</i>	R	+	++	+	-	-
Piperaceae						
<i>P. longestylosum</i>	L	+	-	++	-	-
Rosaceae						
<i>Tetraglochin cristatum</i>	AP	++	+++	++	-	+
Solanaceae						
<i>Cestrum parqui</i>	L	++	-	-	+	+
Verbenaceae						
<i>Junellia seriphioides</i>	L	+++	-	-	-	+/-
<i>Lampaya castellani</i>	L	+++	-	+	-	-

PP: (Plant part), L: leaves, R: root, B: bark, F: flowers, S: stem, W: whole plant, AP: Aerial parts, Fr: Fruits. +++ High, ++ medium, + slight and +/- weak positive test, - negative test.

biological activities such as antibacterial, antiviral, immune-stimulating and estrogenic effects, and in addition antiproliferative and cytotoxic properties in

several tumor cells (Manthey and Guthrie, 2002; Gomes et al., 2003). Also in this study of plant extracts, the antiproliferative effects were found to be mediated by

Table 2. Antiproliferative activity of ethanol extracts of plants in Caco-2 cells.

Family (numbered) and species (in italics)	Popular name	Plant part	Conc. ($\mu\text{g/ml}$)	inhibition ^a (%)
Asteraceae				
<i>Baccharis genistelloides</i>	Carqueja	W	1-200	NS
<i>B. latifolia</i>	Chi'llka	L	1-200	NS
<i>Baccharis papillosa</i> syn <i>B. obtusifolia</i>	Jathun- thola	L	1-100	NS
<i>Baccharis pentlandii</i>		L	5-20	NS
<i>Baccharis santelices</i>	Thola lejia	L	1-200	NS
<i>Mutisia acuminata</i>	Chinchir-cuma	F	0.01-200	NS
<i>Mutisia orbigniana</i>	Kutu kutu	L	1-200	NS
<i>P. lepidophylla</i>	Thola	S	1-200	19 (p < 0.01)
<i>Pluchea fastigiata</i>	Uri uri	L F	1-100 1-200	NS
<i>S. pinnata</i> (Lam.) Labr. Var. <i>abrotanoides</i> (roth) Cabrera	Jayakpic-hana	L	1-100	53 (p < 0.001)
<i>Xanthium spinosum</i> L.	Amorseco	L	1-100	NS
Brassicaceae				
<i>Lepidium meyenii</i>	Maca	R	1-200	NS
Caesalpinaceae				
<i>Caesalpinea spinosa</i> (Mol.) Kuntze	Tara,taya	L	1-200	NS
<i>Caesalpinea pluviosa</i>	Momoqui	B	1-100	NS
Frankeniaceae				
<i>Frankenia trianda</i>	K'ota	W	0.01-200	NS
Geraniaceae				
<i>E. cicutarium</i> L'Herit	Aguja aguja	L	1-100	10% (NS)
Lauraceae				
<i>Persea americana</i>	Avocado, Palta	Fr	11.5-46	NS
Oxalidaceae				
<i>Hypseocharis pimpinellifolia</i>	Soltaqui, machoaltea	R L	1-200 1-100	NS
Piperaceae				
<i>P. longestylosum</i>	Thuda	L	2-200	43% (p<0.01)
Rosaceae				
<i>Tetraglochin cristatum</i>	Canguia	L	1-200	NS
Solanaceae				
<i>Cestrum parqui</i>	Andres huaylla	L	1.7-6.6	NS
Verbenaceae				
<i>Junellia seriphioides</i>	Anka-raya	L	1-200	NS
<i>Lampaya castellani</i>	Lampaya	L	0.01-50	NS

L: leaves, R: root, B: bark, F: flowers, S: stem, Fr: fruits, W: whole plant, NS: without significant antiproliferative activity, ^a: at highest concentration indicated.

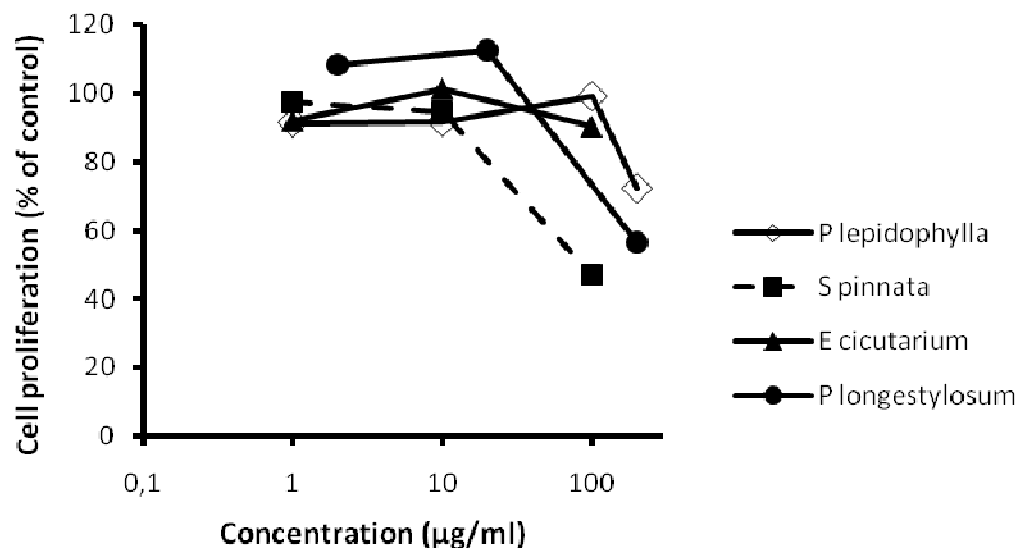


Figure 1. Antiproliferative activity of ethanol extracts from *P. lepidophylla*, *S. pinnata*, *P. longestylosum* and *E. cicutarium*. The results show the averages from two separate experiments.

Table 3. Extracts of medicinal plants by other solvents than ethanol which were studied for antiproliferative activity in Caco-2 cells.

Family (numbered) and species (in italics)	Popular plant name	Extract prepared	Plant part	Conc. (µg/ml)	Inhibition (%)
Asteraceae					
<i>B. latifolia</i>	Chi'llka	PE	L	0.5-50	NS
		DE	L	1-100	NS
<i>Baccharis papillosa</i> syn <i>B. obtusifolia</i>	Jathun thola	EFPM	L	2-200	NS
<i>Baccharis santelices</i> syn <i>B. incarum</i> , <i>B. thola</i>	Thola lejia	EtE	L	1-100	NS
<i>P. lepidophylla</i>	Thola	EtE	L	1-100	NS
Cactaceae					
<i>Opuntia soehrensii</i>	Airampu	AE	S	0.05-5	NS
Chenopodiaceae					
<i>Chenopodium ambrosoides</i>	Paico	AE	L	0.66-67	NS
Lauraceae					
<i>Persea americana</i>	Palta	AE	Fr	1-100	NS
Plantaginaceae					
<i>Plantago australis</i> ssp. <i>Hirtella</i> , (<i>Plantago mayor</i> L.)	Llanten	AE	L	0.8-80	NS

AE: aqueous extract, DE: dichloromethane extract, EFPM: medium polarity ethanol extract; EtE: diethyl ether extract, PE: phenolic extract, L: leaves, S: stem, Fr: fruits, NS: without significant antiproliferative activity.

phenolic compounds in several cancer cell lines (Liu, 2004; De Kok et al., 2008).

In some studies the triterpens were found to be responsible for the anticancer activity e.g. in Labrador tea extracts (Dufour et al., 2007). Moreover, triterpens

isolated from apple peels showed high potential anticancer activities in HepG2 liver cancer cells, MCF-7 breast cancer cells and Caco-2 colon cancer cells (He and Lui, 2007) and triterpens isolated from *Nerium oleander* inhibited the cell growth of the lung carcinoma

cell line A549, VA-13 cells and HepG2 cells (Fu et al., 2005). The bioactive triterpenoid ursolic acid, used as a positive control in the present study, showed anticancer activity against colon carcinoma cells (Andersson et al., 2003).

In our study the ethanol extract from *S. pinnata* showed high antiproliferative activity inhibiting 53% of the Caco-2 cell growth. In other studies methanol and water extracts of the same plant also showed some cytotoxic activity against VeroE6 cells (Muthaura et al., 2007). In addition to the compounds mentioned above (Table 1), the genus *Schkuhria* contains germacranolides, elemnolides and labdanes (Ganzer and Jakupovic, 1990), heliangolides (Bohlman and Zdero, 1981), germacranolide, schkuhripinnatolide C and pectolarigenin (Pacciaroni et al., 1995), which may explain some biological activity of this plant.

Regarding plants from the genus *Piper*, an ethanol extract from *Piper rostratum* had cytoprotective effect *in vitro* against doxorubicin cardiotoxicity (Wattanapitayakul et al., 2005). Concerning other effects, *Piper chaba* showed strong activity against *Schistosoma cercariae* (Atjanasupatt et al., 2009), and some compounds isolated from *Piper heterophyllum* and *Piper aduncum* showed high leishmanicidal activity and moderate antiplasmodial and trypanocidal activity (Flores et al., 2009). Concerning *P. lepidophylla* it was found to contain flavones, scopoletin, umbelliferone and *p*-coumaroyloxytremetone, triterpenoids and tannins (Flores et al., 2004) which is consistent with our phytochemical characterization. The genus *Erodium* has been reported to contain quercetin, kaempferol, myricetin and luteolin (Saleh et al., 1983) and our phytochemical characterization indicated the presence of sterols/triterpens, tannins and flavonoids. Extracts from it were shown to have antimicrobial activity but no activity in mammalian cells (Esmaeili et al., 2009).

It is possible that synergistic as well as antagonistic effects may occur among phenols and/or other phytochemical constituents of plant extracts by overlapping and complementary mechanisms (Liu, 2004; De Kok et al., 2008).

It is possible that anti-inflammatory agents such as plant extracts could act as cancer chemopreventive agents by reducing the initiation and promotion stages of tumour induction induced by DNA oxidation (Desmarchelier et al., 1997). The flavonoids alone or in combination with other compounds may cause suppression or elimination of tumor cells by inhibiting growth through induction of cell cycle arrest or apoptosis (De Kok et al., 2008).

In summary, the extracts of *S. pinnata* and *P. longestylosum* can be considered as the most promising potential sources of anticancer compounds studied in the present experiments. Further investigations are necessary for the detailed chemical characterization of the active principles and a more extensive biological evaluation.

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